

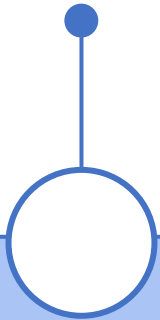
CANCER
HOPE
NETWORK

The logo for the Cancer Hope Network is centered on the page. It consists of three lines of text. The top line is the word "CANCER" in a bold, blue, sans-serif font. The middle line is the word "HOPE" in a bold, orange, sans-serif font, with a stylized sunburst graphic integrated into the letter "O". The bottom line is the word "NETWORK" in a bold, blue, sans-serif font. Two thin orange horizontal lines separate the three lines of text.

Walking Your Cancer Path With You

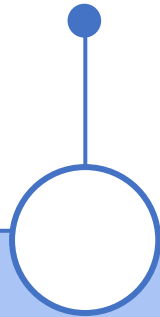
Cancer Hope Network History

Oncology
Nurse Diane
Paul identifies
a gap in
Cancer care



1981
ChemoCare
established

14 clients
served



1998
ChemoCare
becomes
Cancer Hope
Network



Today:

50,000+ clients served

Nearly 500 Support
Volunteers



One-to-One Peer Support



Our Epidemic of Loneliness and Isolation



2023

The U.S. Surgeon General's Advisory on the
Healing Effects of Social Connection and Community

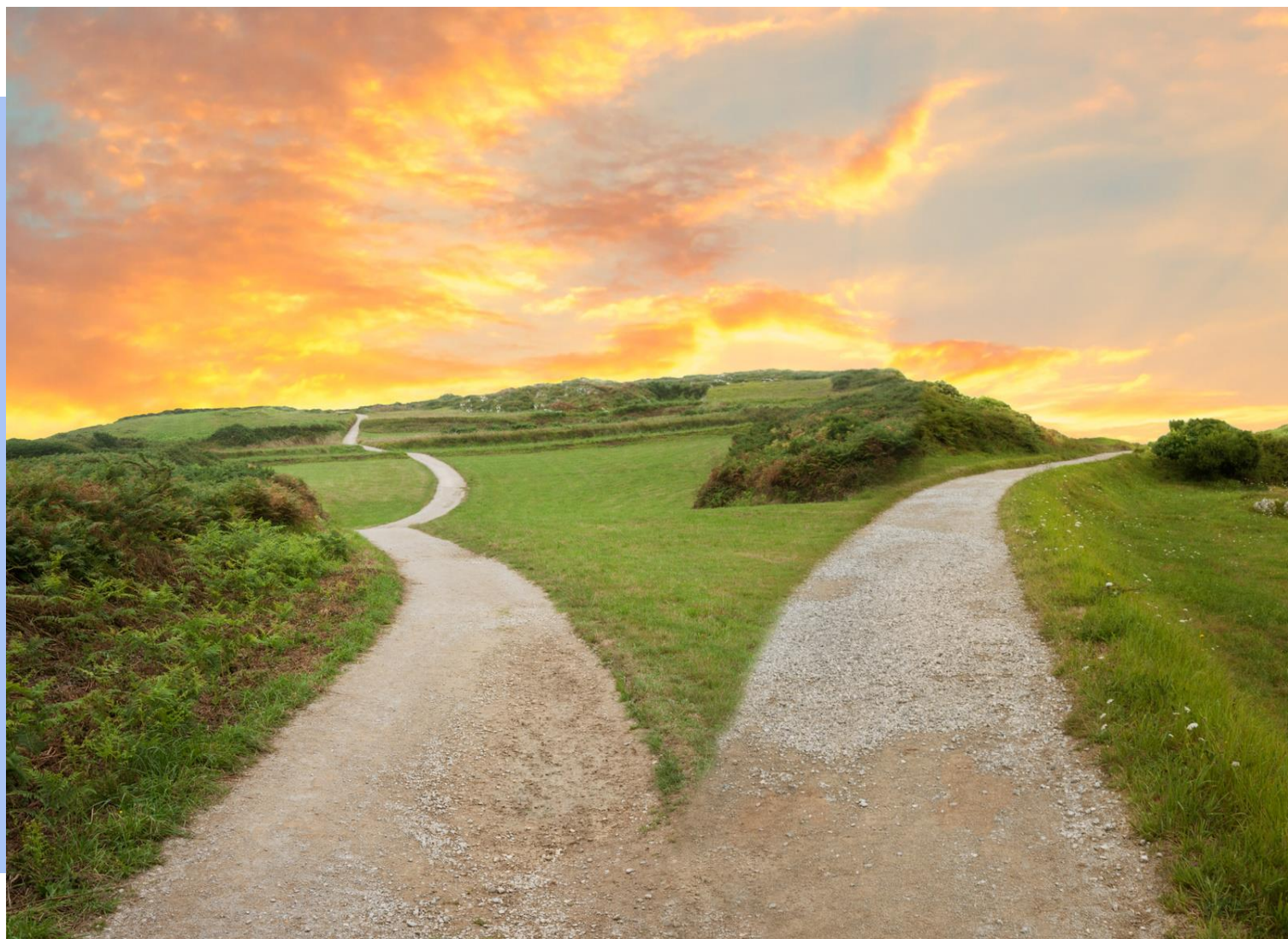


Loneliness is defined as “a subjective distressing experience that results from perceived isolation or inadequate meaningful connections, where inadequate refers to the discrepancy or unmet need between an individual’s preferred and actual experience.”

- U.S. Surgeon General’s Advisory on the Healing Effects of Social Connection and Community, May 2023

Pathways to Hope





Creating Meaningful Connections, Replacing Fear With Hope



3 Steps To Get Your Mentor

For those who have been diagnosed with cancer, or are caregivers, and are seeking support.

- ❖ Complete our match request form
- ❖ Intake call with a member of our programs team
- ❖ Receive your Volunteer match within 48 hours

From there, you control your experience!



Personalized Connections

Adult Patients, Survivors, and Their Loved Ones

- ❖ Initial diagnosis
- ❖ Side effects/concerns during active treatment and beyond
- ❖ Recurrence of cancer
- ❖ Multiple cancers
- ❖ Maintenance treatment
- ❖ Life after cancer/survivorship
- ❖ Clinical trial participation (TACT)
- ❖ Racial, cultural, and linguistic matching





Nearly 500
survivor and
caregiver
volunteers are
trained by
experts



They've faced
more than 80
types/subtypes
of cancer



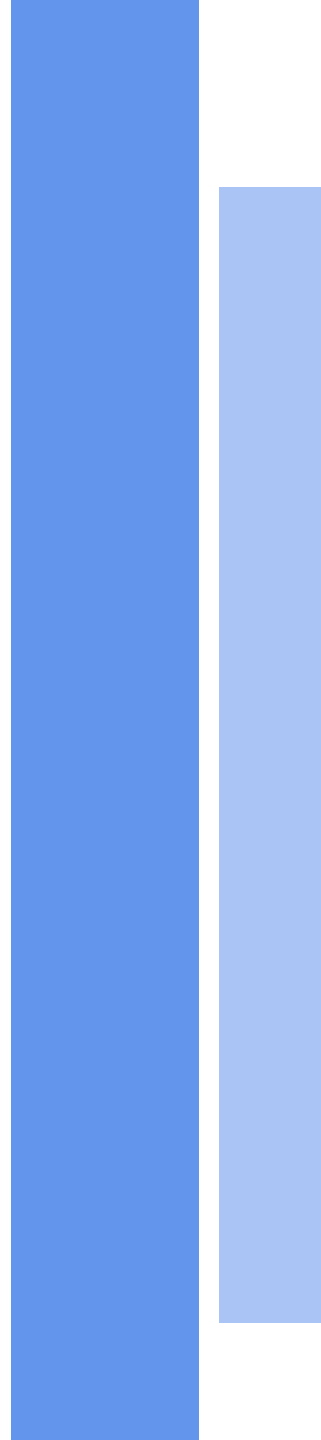
Speak 15
languages and
have a broad
range of lived
experiences



Span ages 19
through 94



Live in 38 states
and serve clients
across the
United States,
Canada, and
beyond



“I know what it’s like down there and you are not alone.”

– *Brene Brown*

RSA



Shorts

Supported Supporter Philosophy



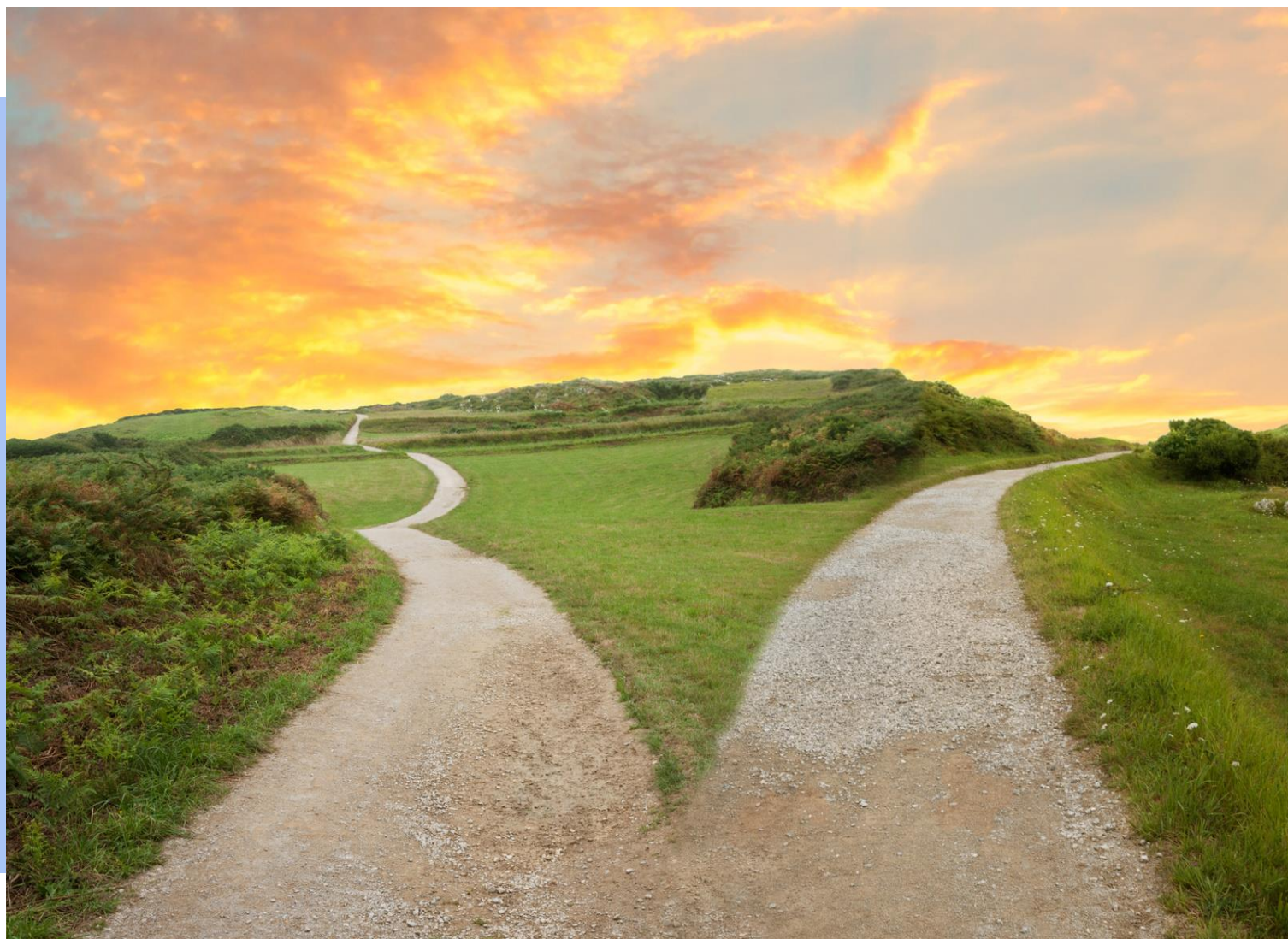
4 S's of Resilience

Supports That kept you upright	Strategies That kept you moving
Sagacity That gave you comfort and hope	Solution-Seeking Behaviors you showed

4 S's of Resilience

Supports That kept you upright	Strategies That kept you moving
Sagacity That gave you comfort and hope	Solution-Seeking Behaviors you showed

“Sagacity is the wisdom and insight that you hold onto. It can come from song lyrics, novels, poetry, spiritual writings, quotes from the famous, the sayings of one’s grandparent, or learning from one’s own experience.”





The Amygdala Hijack

A Radical Mindshift





Hope
is the
answer





Courage

**Patience,
Acceptance,
Clarity**

**Transcending
Optimism**

**Realm of
Possibilities**

**Making
Space**

“

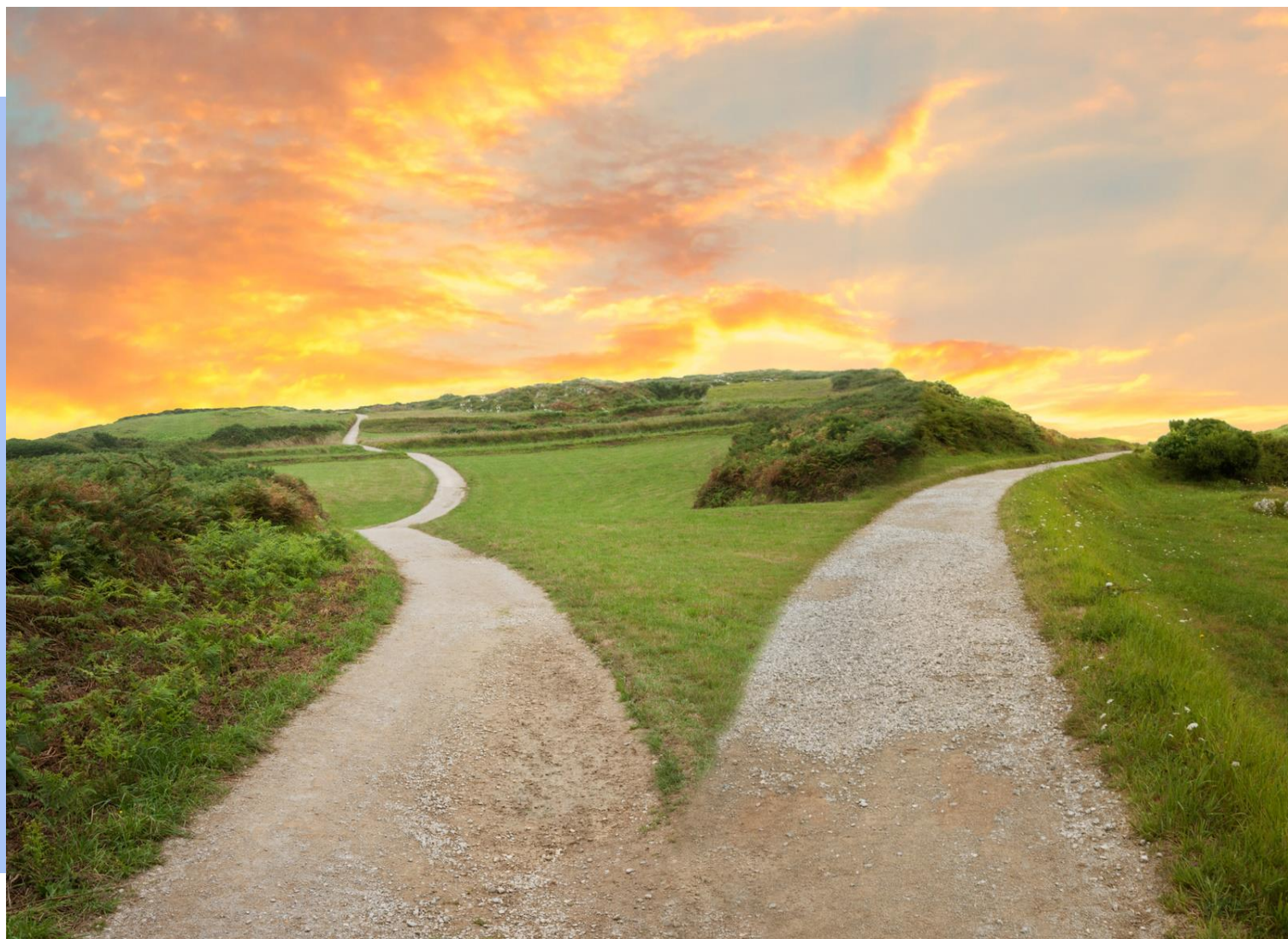
The mind contains all
possibilities.

– *Buddha*

”



Impermanence is
Permanent





“

A woman is like a tea bag;
you never know how strong it is until
it's in hot water!

”

– *Eleanor Roosevelt*





February 18, 1985

August 23, 2017

August 20, 2021

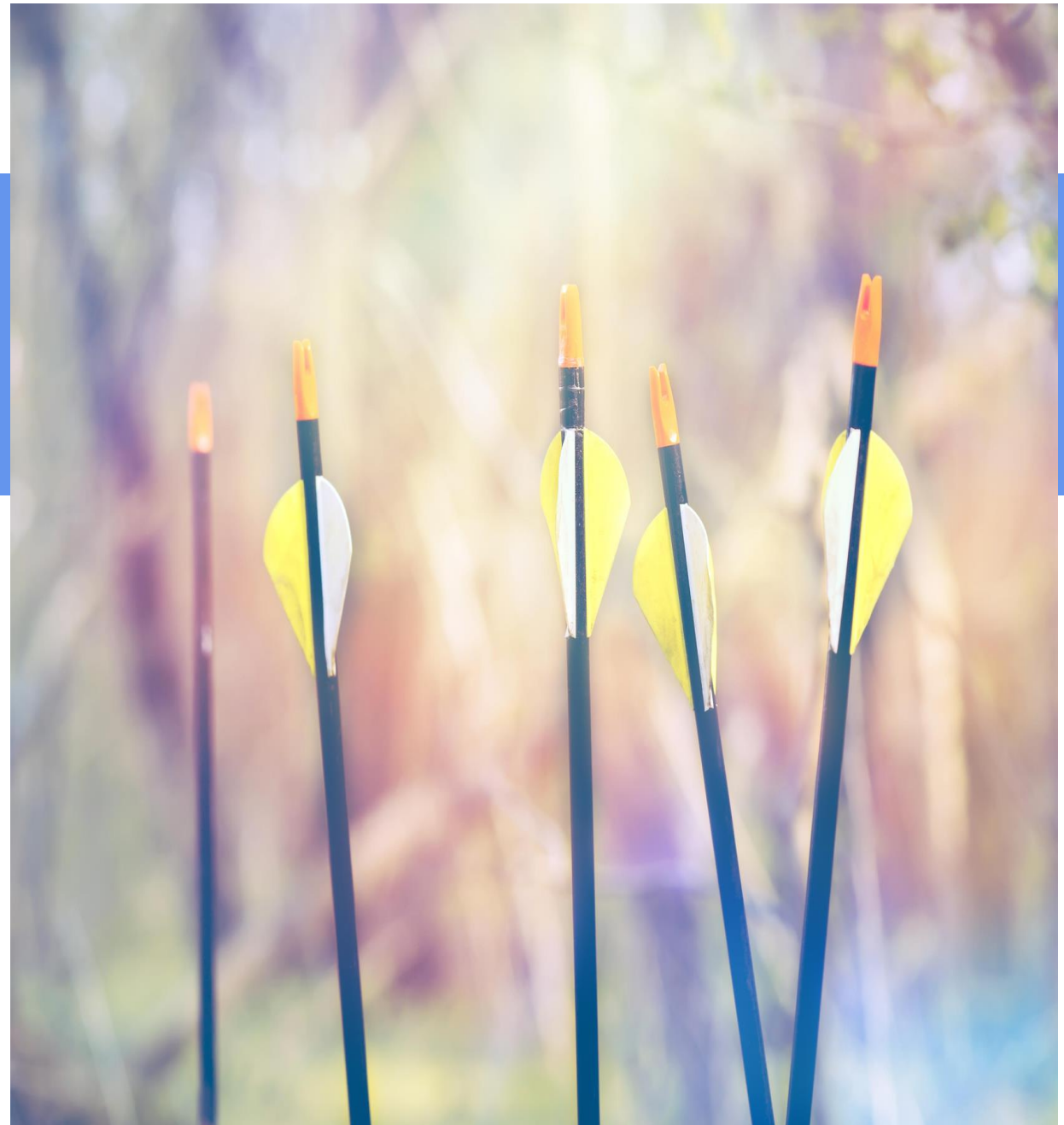
March 18, 2019



KNOWLEDGE

Caregiver Tips:

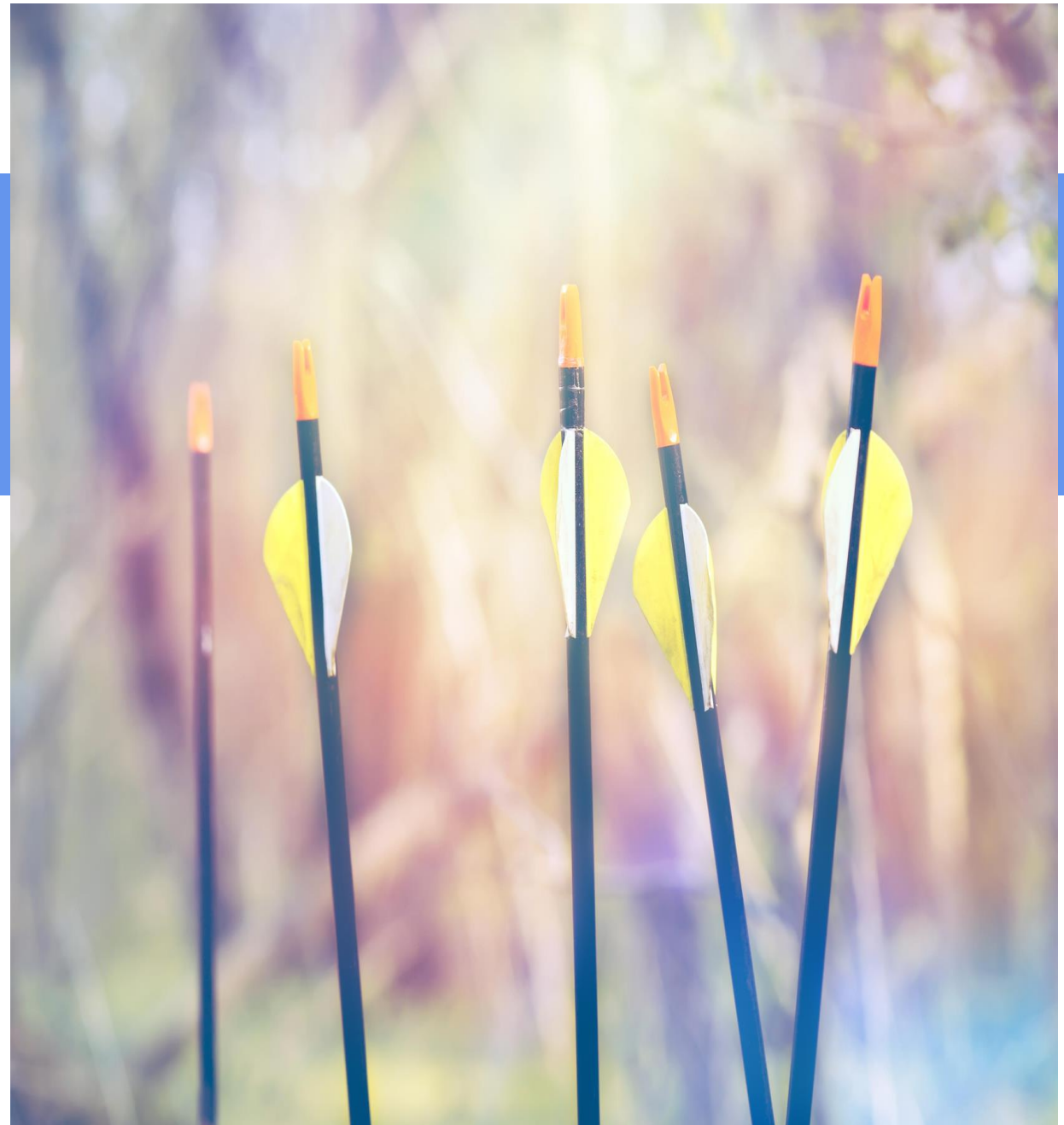
- Record every session.
- Start a running journal.
- Get a second opinion from an NCI Designated Cancer Center.
- Learn the most reliable sources of information.
 - E.g., Chemotherapy; Chemocare.com; Chemoexperts.com



SUPPORT

Caregiver Tips:

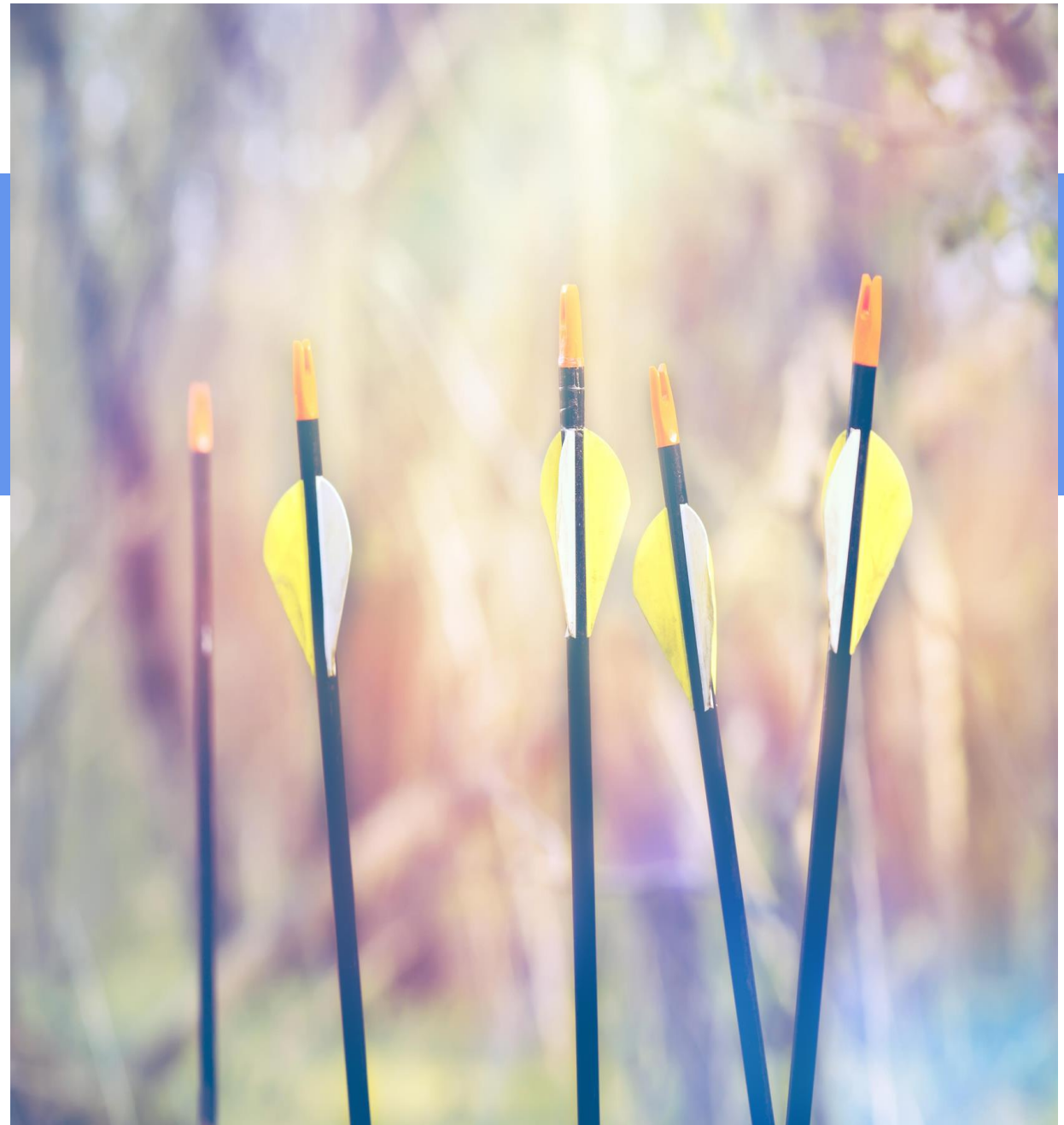
- Doctors, Nurses, Navigators, Administrators
- Palliative Care Team
- Ask for help!!! – Friends, Neighbors, Church Affiliations – Faith!
- Speak to others who have gone through this.



LIFEGUARD

Caregiver Tips:

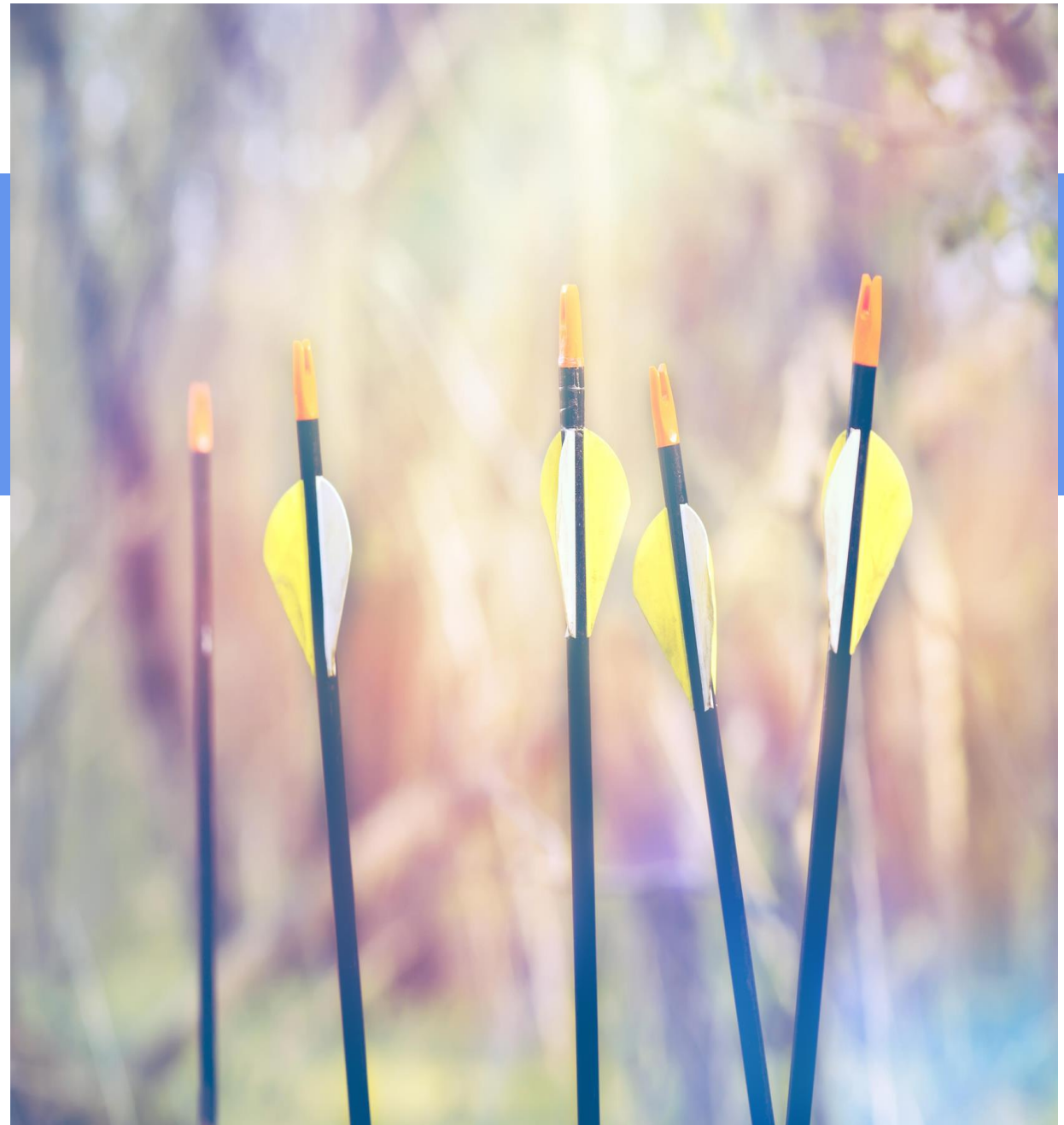
- The “Lifeguard must never go down”.
- Self-Care is critical.



BALANCE

Caregiver Tips:

- The balance of Hope vs. Reality.



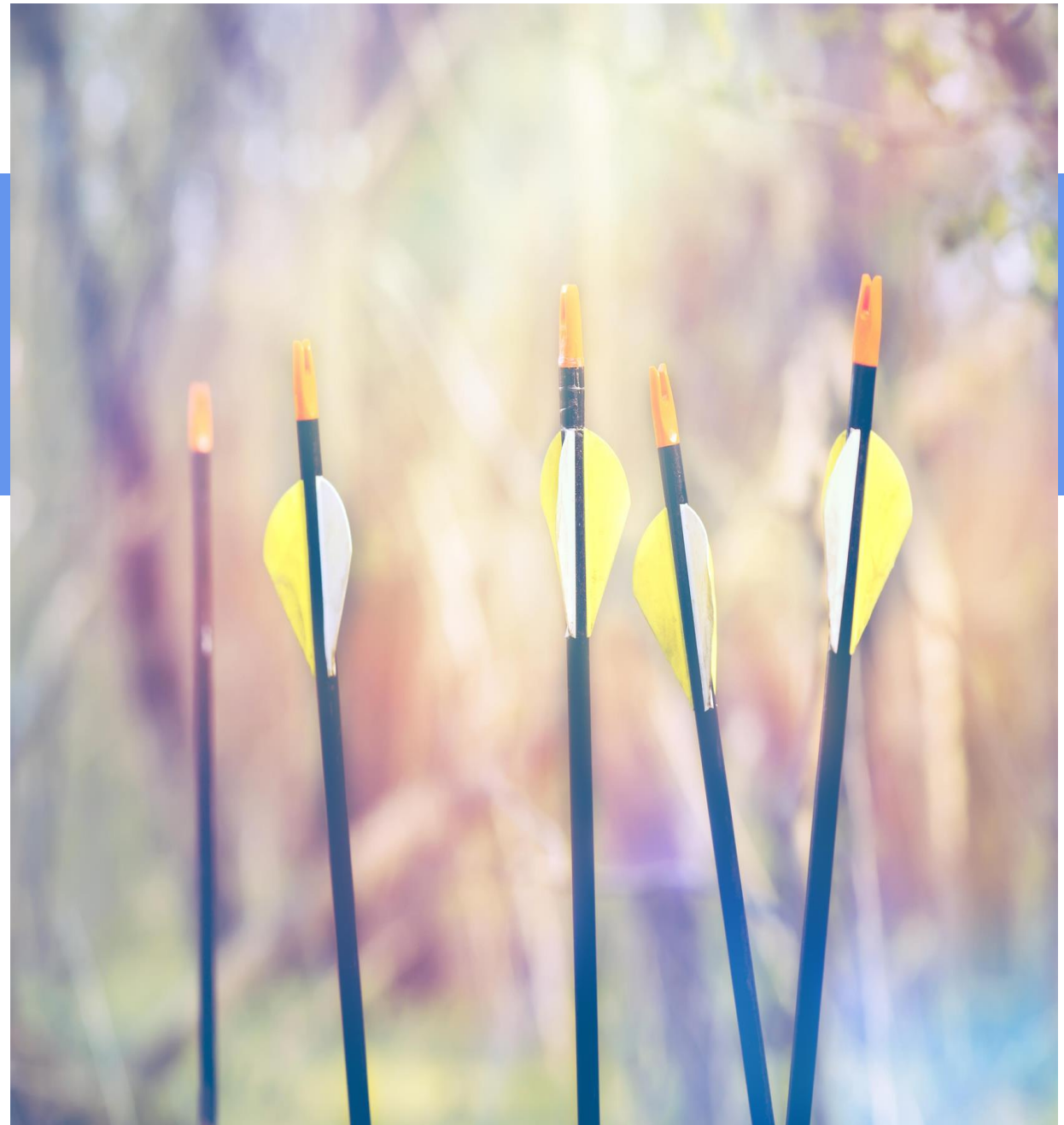
HOPE

February 18, 1985

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Pathways to Hope



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QUESTIONS?