Walking Your Cancer Path With You
Support at home... from across the nation

Empowering cancer patients and their loved ones with hope
Cancer Hope Network History

1981: ChemoCare established 14 clients served

1998: ChemoCare becomes Cancer Hope Network

Today:
50,000+ clients served
Nearly 500 Support Volunteers

Oncology Nurse Diane Paul identifies a gap in Cancer care
One-to-One Peer Support
Loneliness is defined as “a subjective distressing experience that results from perceived isolation or inadequate meaningful connections, where inadequate refers to the discrepancy or unmet need between an individual’s preferred and actual experience.”

- U.S. Surgeon General’s Advisory on the Healing Effects of Social Connection and Community, May 2023
Pathways to Hope
Creating Meaningful Connections, Replacing Fear With Hope
3 Steps To Get Your Mentor

For those who have been diagnosed with cancer, or are caregivers, and are seeking support.

❖ Complete our match request form
❖ Intake call with a member of our programs team
❖ Receive your Volunteer match within 48 hours

From there, you control your experience!
Personalized Connections

**Adult Patients, Survivors, and Their Loved Ones**

- Initial diagnosis
- Side effects/concerns during active treatment and beyond
- Recurrence of cancer
- Multiple cancers
- Maintenance treatment
- Life after cancer/survivorship
- Clinical trial participation (TACT)
- Racial, cultural, and linguistic matching

"[My volunteer] was easy to talk to and answered all my questions. She provided hope and support and gave me tips to work toward a more positive outlook."

- Client Testimonial on Peer Support Experience
Nearly 500 survivor and caregiver volunteers are trained by experts.

They’ve faced more than 80 types/subtypes of cancer.

Speak 15 languages and have a broad range of lived experiences.

Span ages 19 through 94.

Live in 38 states and serve clients across the United States, Canada, and beyond.
“I know what it’s like down there and you are not alone.”

– Brene Brown
Shorts

Source: YouTube
Supported Supporter Philosophy
## 4 S’s of Resilience

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<th>Supports</th>
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Source: [Positive Psychology](https://www.positivepsychology.com)
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“Sagacity is the wisdom and insight that you hold onto. It can come from song lyrics, novels, poetry, spiritual writings, quotes from the famous, the sayings of one’s grandparent, or learning from one’s own experience.”

Source: [Positive Psychology](#)
The Amygdala Hijack
A Radical Mindshift
Hope is the answer
The mind contains all possibilities.

- Buddha
“
A woman is like a tea bag; you never know how strong it is until it’s in hot water!
”

—Eleanor Roosevelt
Caregiver Tips:

- Record every session.
- Start a running journal.
- Get a second opinion from an NCI Designated Cancer Center.
- Learn the most reliable sources of information.
  - E.g., Chemotherapy; Chemocare.com; Chemoexperts.com
Caregiver Tips:

• Doctors, Nurses, Navigators, Administrators
• Palliative Care Team
• Ask for help!!! - Friends, Neighbors, Church Affiliations – Faith!
• Speak to others who have gone through this.
Caregiver Tips:

- The “Lifeguard must never go down”.
- Self-Care is critical.
Caregiver Tips:

• The balance of Hope vs. Reality.
HOPE

February 18, 1985
August 23, 2017
August 20, 2021
March 18, 2019
Pathways to Hope